



## Happy Birthday!

To help you celebrate, we'd love to offer you 10% off any of our spa services during your special month.

### Spa Services include:

Salt Therapy Room  
IonCleanse Foot Detox  
Healthy Wave Mat  
Vibration Plate

Learn more about our [Spa Services](#).

# 10% OFF

## Spa Service

Print or show this email to our front desk during your appointment!

**REQUEST AN APPOINTMENT TODAY!**

*Valid: November 1, 2025 -  
November 30, 2025*

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Fresh Start Chiropractic and Wellness Center | [Website](#) [Phone](#)



Fresh Start Chiropractic and Wellness Center | 565 McElhattan Drive | Lock Haven, PA 17745  
US

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